



COVID-19

Advice for guests visiting Hull and East Riding of Yorkshire

3 Steps To Safety



Prevent

Keep your distance

Always follow the latest social distance guidance.

Follow all COVID-19 measures put in place by the accommodation provider.

Wear a face covering in public areas of the accommodation (unless exempt).

Wash your hands

Thoroughly washing your hands with soap for at least 20 seconds remains the best personal hygiene precaution.



Notice

Coronavirus symptoms are:

- A new continuous cough
- A high temperature
- Loss of smell or taste



Act

If you are showing symptoms, you must inform the accommodation provider immediately, self-isolate to minimise any risk of transmission and get a test as soon as possible. If you are travelling with others, they must also self-isolate.

Booking a test in Hull and East Riding of Yorkshire area

Go online to: www.nhs.uk/coronavirus or call NHS 119

Use the postcode for your accommodation:

The testing centre is at the Humber Bridge car park in Hessle:
Humber Bridge, Ferriby Road, Hessle, HU13 0JG

TEST RESULTS

You will receive your test result via text message or email.

Do not stay to await your results if they have not arrived by the time you are due to leave.

If your test result is negative:

continue with your visit as planned provided that the NHS Test and Trace service has not advised you to self-isolate.

If your test result is positive:

You must self-isolate for at least 10 days from when your symptoms started.

Inform your accommodation provider immediately.

Arrange to return home. **All guests in your party will need to self-isolate and return home also. Let your accommodation provider know what you are planning to do.**

If you need further health advice or if you are still feeling unwell and need medical assistance, please call your own GP or 111.

ARRANGING YOUR RETURN HOME IF YOUR TEST IS POSITIVE:

It is important that you **do not use public transport.**

If you feel well enough to travel, you should return home as quickly and directly as you can, using private transport.

If you feel too unwell and cannot travel or cannot avoid public transport, you should continue to isolate in your accommodation.

You must make arrangements with your accommodation provider to self-isolate in your accommodation until either the end of your booking or you are able to arrange private transport, whichever is the sooner.

NHS TEST AND TRACE

If you are contacted by NHS Test and Trace whilst on holiday and asked to self-isolate for 14 days you **MUST** notify your accommodation provider immediately.

If you are well enough to return home and using private transport then please do so and self-isolate at home.

DO NOT use public transport.

If you cannot avoid using public transport, you should continue to self-isolate and call **111** for further advice.

If you start to feel unwell during your self-isolation period arrange a test: www.nhs.uk/coronavirus or call: **119**

Even if you remain well you must continue to self-isolate for 14 days at home after you last had contact with the person who tested positive as you could be carrying the virus and be infectious but not show any symptoms.

People you are travelling with **DO NOT** need to self-isolate if you do not have symptoms.

FURTHER ADVICE

Please read and follow the government 'stay at home guidance': www.gov.uk/government/publications/covid-19-stay-at-home-guidance

